

# Paddle down the river Ohře!

Don't sit behind a computer when summer is outside...

## **Just relax**

Come on and experience unforgettable week with fine party. We will be enjoying sunshine during our paddling. Ripples will sway us on the canoes and birds will be singing in the trees. It is absolute escape from your exhausting business.

## **Fitness**

But on the other hand, it's not only about lying in your boat or on the sandy beach. Paddling could be – when you want – real physical activity. You will improve your physical abilities and on the kayak you could in a while cure problems with your shoulder. We plan also other activities on the ground – i.e.: volleyball, football, swimming in “Thermal Karlovy Vary”... etc.

## **Culture**

However, this vacancy doesn't have the target to be completely without civilization. River Ohře flows through “Karlovy Vary” and also “Loket” castle. Karlovy Vary is very important city, where many people are spending for example three or four weeks to heal themselves. Loket is very big and popular castle, which was build on the big rock, whereas nearly round the whole rock flows the river.

## **Romantic scenery**

At the beginning of the tour is Ohře narrow river rippling through meadowland. Than the riverscape change, somewhere are rapids and quite deep forests. And in one of these forests is the “most romantic camp” in the Czech Republic. It is directly sleeping in the shade of the trees listening to the nearby music of cataracts.

*So don't hesitate and become one of those who will be eating delicious food and enjoying excellent atmosphere of clear nature.*